

ARWA ALSARAIREH, DNP, RN**CURRICULUM VITAE**
September , 2024**PERSONAL DATA****Name:** Arwa Mahmoud Alsaireh DNP, MSN, RN**Place of birth:** Jordan**Mailing address:** Mutah University, College of Nursing**Mobile Phone:** +962797856823**Email:** ar_srayreh@mutah.edu.jo**ORCID:** <https://orcid.org/0000-0002-7469-4223>**Google Scholar Account:**https://scholar.google.com/scholar?hl=en&as_sdt=0%2C5&q=arwa+alsaireh&btnG=**Research Gate account:** <https://www.researchgate.net/profile/Arwa-Alsaireh>**EDUCATION**Doctor on Nursing practice
(2011- 2013)Case Western Reserve University
Major: MidwiferyMasters of Science in Nursing
(2008_2011)Case Western Reserve University
Major: MidwiferyBachelor of Science of Nursing
(2001-2005)Mutah University-Jordan
Major: NursingMidwifery diploma
(1999-2001)Rufaida Isalmic college for nursing
and midwifery Alzarqa-Jordan**PROFESSIONAL EXPERIENCE****Academic Rank, Title or Position****Dates**

Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2023-now
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Sultan Qaboos University	2021-2023 (Sabbatical leave)
Associate professor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	2018-2021
Assistant Professor	Maternal child Nursing Department- Faculty of	6/2013-

	Nursing, Mutah University (Alkarak-Jordan).	2018
Clinical Instructor	Maternal child Nursing Department- Faculty of Nursing, Mutah University (Alkarak-Jordan).	4/2006-8/2008
Registered Nurse	Labor and delivery ward, Postnatal ward, Operating room	1/2003-3/2006

AWARDS AND HONORS

- 2008-2013** Fully-funded Governmental Scholarship during Master and Doctoral study at Case Western Reserve University from Mutah University, Alkarak, Jordan
- 2001-2005** Fully-Funded Governmental Scholarship during undergraduate study, Higher educational council, Amman, Jordan

ADMINISTRATIVE POSITION

- **August 2024-Now** Vice dean Faculty of Nursing-Mutah university
- **Sept 2019-2021** Head of the department of Maternal and Child health -Faculty of Nursing-Mutah university
- **Sept 2014-Sept 2016** Head of the department of Maternal and Child health -Faculty of Nursing-Mutah university

COLLEGE COMMITTEES

- Member, Scientific and ethics committee College of Nursing-Mutah university 2016-2017
- Member, Scientific Committee of Faculty of Nursing- Scientific Day: Faculty of Nursing-Mutah University, Amman, Jordan
- Member, Faculty Board. Faculty of Nursing-Mutah University, Alkarak, Jordan
- Member, Scientific and ethics committee College of Nursing-Mutah university 2013-2014 .
- Member, Supervisory Committee of the Legal Nursing and Midwifery Exam/ Maternal and Newborn Health Nursing Committee/member Jordanian Nurses' council . 2020-2021.
- Member, Scientific and ethics committee, SQU 2021-2022
- Member, Simulation and Interprofessional Committee, SQU 2021-2022

- Member, Postgraduate study Committee, SQU 2022 – Present
- A representative of the Maternal and Child Health Department College Board, CON, SQU 2022 – present
- Chaired ad-hoc committees assigned by the HoD
- A member of ad-hoc committee assigned by the dean on "Best thesis award for 2022"

PROFESSIONAL SOCIETY MEMBERSHIP

- Member, Ohio Board of Nursing, since 2008
- Member, California Board of Nursing , since 2008
- Member, Jordanian Nurses and Midwives Association 2001-present

RESEARCH EXPERIENCE

Oral Health in Pregnancy: Knowledge and Practice Patterns among Nurse Midwives. . (Alsaraireh, A., Principal Investigator). DNP thesis, Case Western Reserve University, 2011- 2013.

PUBLICATIONS

AlSarayreh, S., Subih, M., **Alsaraireh, A.**, Sabri, F. (2024). Healthcare Providers' Knowledge, Attitudes and Practices towards Exercise during Pregnancy: A Cross-sectional Study. *Jordan Journal of Nursing Research*.

Raghavan, D., Natarajan, J., Seshan, V., & **Alsaraireh, A.** (2024). Impact of recurrent pregnancy loss on depression, anxiety and fertility related stress in Omani women: A cross sectional survey. *African journal of reproductive health*, 28(1), 13-21.

Alsaraireh, A., Madhavanprabhakaran, G., Raghavan, D., Arulappan, J., & Khalaf, A. (2024). Effect of a high-fidelity simulation-based teaching-learning experience (SBTLE) on maternal health nursing students' knowledge of postpartum hemorrhage, confidence, and satisfaction. *Teaching and Learning in Nursing*, 19(1), e176-e181.

Alsaraireh, A., Yehia, D., & Khalaf, A. (2023). Knowledge and Attitudes of Midwives Concerning the Interpretation and Use of Cardiotocographs in Jordan. *Journal of Holistic Nursing And Midwifery*, 33(3), 193-202.

Madhavanprabhakaran, G., Arulappan, J., Achora, S., & **Alsaraireh, A.** (2023). Evidence-based practice competency and barriers among undergraduate nursing students in a Middle Eastern country. *Teaching and Learning in Nursing*, 18(4), e233-e240.

Al-Matarneh, B. M., Al-khawaldeh, O. A., & **Alsaraireh, A. M.** (2023). Knowledge, attitudes and practices regarding obstetric danger signs among Jordanian pregnant women attending antenatal clinic in Jordan. *Central European Journal of Nursing and Midwifery*, 14(2), 860.

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.**, & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27.

Al-Shdayfat, N., Alnatour, A., Alhusban, R., Yehia, D., Al-shanableh, N. M., **Alsaraireh, A.**, & Alkhawaldeh, M. (2022). Student Nurses Attitudes Towards Using Social Media to Raise the Awareness of their Community about the COVID-19 Pandemic in Jordan. *The Open Public Health Journal*, 15(1).

Mahasneh, D., Shoqirat, N., **Alsaraireh, A.**, Singh, C., & Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time Experience of Clinical Placement in Jordan. *SAGE Open Nursing*, 7, 23779608211004298.

Khalil, R., Ali, D., Mwafi, N., **Alsaraireh, A.**, Obeidat, L., Albsoul, E., & Al Sbou, I. (2021). Variant Analysis of Alkaptonuria Families with Significant Founder Effect in Jordan. *BioMed Research International*

Alsaraireh, A., Darawad, M. (2020). Predictors of Breast Self-Examination Practice among Jordanian Female University Students. *Natural and Applied Sciences Series*, 35(1).

Al-Shdayfat, N., Abuidhail, J., Hamadneh, S., & **Saraireh, A.** (2019). Adolescents' Perspectives Towards Using Social Networking and Internet to Gain Information about Reproductive and Sexual Health in Jordan: A Qualitative-Community based Study. *International Journal of Nursing Education* 11(3):92 , 11(3), 92.

Almajali, A., Shoqirat, N., & **Alsaraireh, A.** (2019). "When I get married...": Contributing factors to intimate partner violence among married Jordanian women: A qualitative study. *Health care for women international*, 40(1), 66-82.

Shoqirat, N., Almajali, A., & **Alsaraireh, A.** (2019). "From a Family Home to Hell": Experiences and Consequences of Intimate Partner Violence Among Married Jordanian Women. *Issues in mental health nursing*, 40(1), 33-40.

Suliman, M., Al Qadire, M., Alazzam, M., Aloush, S., **Alsaraireh, A.**, & Alsaraireh, F. A. (2018). Students nurses' knowledge and prevalence of Needle Stick Injury in Jordan. *Nurse education today*, 60, 23-27.

Alsaraireh, A., & Darawad, M. W. (2018). Breast cancer awareness, attitude and practices among female university students: A descriptive study from Jordan. *Health care for women international*, 39(5), 571-583.

Alsaraireh, A., & Darawad, M. W. (2017). Impact of a Breast Cancer Educational Program on Female University Students' Knowledge, Attitudes, and Practices. *Journal of Cancer Education*, 1-8.

IN REVIEW & ONGOING RESEARCH PROJECTS

Assessment of Challenging Factors to Midwifery in an Established Health Care System in Jordan: "A qualitative study"

FUNDED RESEARCH ACTIVITIES

- February, 2017 • ***Principal investigator.*** Impact of a Breast Cancer Educational Program on Female University Student's Knowledge, Attitudes and Practices. *Funded by Deanship of Academic Research- Mutah University (JD 5000).*
- September, 2017 • ***Co-investigator.*** Adolescents' Perspectives towards using Social Networking and Internet on Gaining Information about Sexual & Reproductive Health: a National Qualitative Study from Jordan. *Funded by Deanship of Academic Research- Alalbayet University of Jordan (JD 3600).*

CONFERENCES & WORKSHOPS

September 2024. Participation on clinical auditing workshop, Jordanian Expert team for training and consulting

January 8th, 2023. Speaker, "First Aid Training Workshop for SQU Day Care Staff, MCH Department, CON, SQU.

October 29, 2022. 2nd Arab Nurses and Midwives Virtual Conference: A voice to lead: Arab Nursing and Midwifery in the global health Ecosystem

March 29th, 2022 . First International Webinar: Best practices in teaching and assessing nursing students during COVID-19 organized by SQU CON

March 21st, 2022. Speaker, "Health Care Training for Day Care Givers", MCH Department, CON, SQU

November, 8th 2022. participation in the " Best practice in simulation" Workshop

December 7, 2021. Active participation in Basic of SPSS for healthcare professional: A workshop

November 23, 2021. Participation in Bower advisor: create a best advisor

November, 8th 2021 active participation during the webinar on Professional Resilience and Publishing Journal Article organized by College of Nursing, Sultan Qaboos University, Muscat, Sultanate of Oman.

المندى العلمي الرابع لـجنا بعنوان تبادل الخبرات وتحفيز التشاركيه “ August 2018,attended

والتشابك بين القطاعات الاكاديميه و الصناعيه والحكوميه”

حضور ورشه العمل الوطنيه لعرض نتائج دراسة واقع وحال مهنة القباليه في الأردن “ July 7, 2018

April 10, 2018. Attended the 10th scientific day, “Clinical Nursing: Rhetoric, Reality and future opportunities”. Mutah University, Al-Karak, Jordan

January (16-19 -2017). Attended a workshop entitled "research capacity building, qualitative research and proposal writing”

May 5-2016 Attended a Scientific day entitled “Contemporary Issues in Nursing Care: Today & Tomorrow”. Alalbayet University-Jordan.

May 31-June 2, 2015. Attended a workshop entitled " qualitative Research". School of Nursing- Philidelphia University, -Jordan.

May 21, 2014. Attended a Scientific day entitled "Integrating the Role of the CNS into Healthcare System". School of Nursing- University of Jordan, Amman- Jordan.

April 16, 2014. The 8th scientific day, “Women and Child Health: Safe Life Journey”. Mutah University, Al-Karak, Jordan.**(Presenter)**

TEACHING EXPERIENCE

Undergraduate Courses:

- Maternal and newborn health nursing/Theory.
- Maternal and newborn health nursing/Clinical.
- Growth and development for child
- Nursing research methods
- Research methodology (BSN)
- Health Assessment and Physical Examination (BSN)
- Medical terminology
- NURS3018: Maternal Health nursing Theory/ SQU
- NURS 3019: Matrnl Health nursing/ clinical / SQU
- Communication and Group Dynamics/SQU
- NURS1005: Physical and Psychological Child Health/SQU

Graduate Courses:

- Research methodology.
- Maternal and newborn health nursing/ Theory.
- Maternal and newborn health nursing/ Clinical.
- Maternal and newborn health nursing-Advanced/Theory.
- Maternal and newborn health nursing-Advanced/ Clinical.

- Specialty Course I - Women's Health & Antenatal Care Care / Mater in Midifery SQU
- Specialty course 11: Labor & Obstetric Emergencies/Master in Midwifery/ SQU
- Health education, communication and counselling Course

SUPERVISORY

M. Sc. Supervision

- **Primary Supervisor : master thesis:** Prevalence, Severity, and Self-Management Strategies of Premenstrual Syndrome Among University Students: A CrossSectional Study. **Anoud Albilwi**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2023-2024
- **Primary Supervisor : master thesis:** Women' Experiences of Pelvic Floor Disorders: Voices from Jordan . **Rahma Jibreel**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-now
- **Internal Examiner:** “Depression, Anxiety, Stress, Social Support, and Couple Adjustment among Primary Infertile Omani Women. **Master’s thesis**, Faculty of nursing, Sultan Qaboos University. 2023
- **Co -Advisor: master thesis:** Title: Anaemia in pregnancy and its relation to adverse maternal-fetal outcomes and risk factors in Oman. **Phiona Gimono** Faculty of nursing, Sultan Qaboos University.2022- 2023
- **Co -Advisor: master thesis:** Title: Motherhood and reproductive health during hemodialysis:Women’s experiences in Jordan. **Ibtehal Alharsees** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Co -Advisor: master thesis:** Title: Experience-based decision making of surgical treatment of women with early breast cancer in Jordan. **Nooralhuda Almaaytah** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2020-2022.
- **Primary Supervisor : master thesis:** Health Care Providers Knowledge, Attitude and Practice towards Exercise during Pregnancy: A Descriptive Study from the Southern Region of Jordan. **Shrouq Alsaraireh**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2019-2020.
- **Internal Examiner 2019:** “Knowledge and Practice of Active Management of Third Stage of Labor among midwives in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Internal Examiner 2019:** “Testing the Effectiveness of an Educational Session in Improving Preconception Health Knowledge among High School Students in the Southern Region of Jordan”. **Master’s thesis**, Faculty of nursing, Mutah University.
- **Co -Advisor: master thesis:** Title: The Impact of Educational Intervention on Jordanian HealthCare Provider’s Knowledge and Attitude towards Umbilical Cord Banking: Quasi Experimental Study. **Lubna Allimon**. Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- **Internal Examiner 2017:** “Dysmenorrheal awareness among female adolescent

students in South of Jordan: A cross sectional study”. **Master’s thesis**, Faculty of nursing, Mutah University.

- **Co- Advisor: master thesis:** “From a Family Home to a Wrestling Ring”: Experience of Intimate Partner Violence Among Married Jordanian Women .**Ayah Al Majali.** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.
- **Co -Advisor: master thesis:** Knowledge, Attitudes and Practices Regarding Obstetric Danger Signs Among Jordanian Pregnant Women Attending Antenatal Clinic Health Services in Al- Karak Governate .**Bodoor Almatarneh.** Mutah University-Faculty of Nursing. Alkarak-Jordan. 2016-2017.

COMMUNITY SERVICES

- Organizer and Leader, “Healthy Mother makes a Happy Family”, SQUH, SQU, March 21st, 2022.
 - Speaker, “Breast Cancer Awareness Campaign”, Mall of Muscat, Oct 24th, 2021
 - Presented a lecture about “**Marriage of minors and its impact on reproductive health**” at Alqatrana, Jordan, 2018
 - Presented a lecture about “**Breast cancer and menstrual health and hygiene at “soul secondary school for girls**”, ministry of Education, Alkrak, Jordan, 2018
 - Presented a lecture about **Breast cancer and breast self examination at "Kadeeja Elementary School"**, Ministry of Education, Alkarak-Jordan, 2017
 - Presented a lecture about **Reproductive health and Fetal-newborn health at Mutah University.** College of Educational science, Mutah University, 2015.
- **APPRECIATION LETTERS FOR COMMUNITY SERVICE**
 - Recognition certificate from Dean for a successful leading ““Healthy Mother makes a Happy Family”, at SQUH, SQU, March 21st, 2022.
 - Recognition certificate from Dean for a successful workshop “Health Care Training for Day Care Givers”, MCH Department, CON, SQU, March 21st , 2022.
 - Recognition certificate from Dean for a successful leading Breast Cancer Awareness Campaign”, Mall of Muscat, Oct 24th, 2021.
 - Letter of appreciation from the HoD for developing exam question for the comprehensive written examination of the CAN course
 - Recognition certificate from the Dean for the contribution as “Internal examiner in the Clinical Competency Examination of the Advanced Clinical Nursing Course– Fall 2021/ Fall 2022”.

LANGUAGES

- **Arabic:** Native speaker
- **English:** Strong command of English reading, writing and conversation.

SKILLS AND QUALIFICATIONS

- ICDL
- Teaching and Learning

I testify to my knowledge that the above-mentioned information is true. All supporting documents and evidence are available upon request.

Dr, Arwa Alsaireh